History and Culture Tour 07 days

Sri Lanka is known for its rich history and beautiful historic sites. Here are some places you should consider visiting during your 7-day tour to cover old historic places in Sri Lanka:

Day 1: Arrival in Colombo

- Arrive in Colombo and check into your hotel
- Visit the National Museum of Colombo to learn about Sri Lanka's history
- Explore the city's colonial architecture and vibrant markets

Day 2: Dambulla and Sigiriya

- Travel to Dambulla and visit the Dambulla Cave Temple
- Proceed to Sigiriya and climb the ancient rock fortress
- Enjoy the panoramic views from the top of Sigiriya Rock

Day 3: Anuradhapura

- Travel to Anuradhapura, one of the ancient capitals of Sri Lanka
- Explore the sacred city and visit the ancient stupas and temples
- Witness the Ruwanwelisaya stupa and the Samadhi Buddha statue

Day 4: Polonnaruwa

- Visit Polonnaruwa, another ancient capital of Sri Lanka
- Explore the archaeological sites, including the Gal Vihara rock temple
- See the remains of the Royal Palace and the Parakrama Samudra reservoir

Day 5: Kandy

- Travel to Kandy, the cultural capital of Sri Lanka
- Visit the Temple of the Tooth Relic and watch a traditional Kandyan dance performance
- Explore the Royal Botanical Gardens in Peradeniya

Day 6: Nuwara Eliya

- Head to Nuwara Eliya, known as Little England
- Visit a tea plantation and learn about the tea-making process
- Explore the picturesque town and enjoy the cool climate

Day 7: Galle

- Travel to Galle, a historic fortified city
- Explore the Galle Fort and wander through its cobblestone streets
- Visit the Maritime Museum and enjoy the sunset from the fort walls

This itinerary covers some of the key historic sites in Sri Lanka and gives you a glimpse of the country's rich cultural heritage. Feel free to adjust it according to your preferences and travel pace. Have a wonderful trip! If you need any further assistance or detailed recommendations, just let me know.